

# HOPE FOR HD

Third Edition  
October 2015

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## What a month! 3 Walks, TV ads, and a growing number of fantastic supporters

In the lead up to the three walks we launched our new TV ads in partnership with SBS. We had the opportunity to work with some amazing people from international marketing agency George P Johnson and local film agency Looper Films who put together two fantastic TV ads for us.

If you haven't had a chance to see it keep an eye out on SBS or have a look at our website [www.huntingtonsnsw.org.au](http://www.huntingtonsnsw.org.au)

It was great to be able to attend all three walks and meet some new people and old friends who were all flying the flag in pink and green for Huntington's. Everyone did their bit to make the days successful - whether, it was registering for the walk fund raising, making loom bands, producing yummy marmalade, cooking sausages, marshalling or selling raffle tickets. We are very grateful to so

many people and **Thank You** for your willingness to be involved in any of our Walks 4 Hope. Many people were doing the walk in memory of a loved one — thank you for sharing those stories.

Keep reading for a snapshot of some of the people involved.

How much did you raise? We are still counting at this stage, but somewhere in the vicinity of \$70,000!

Best wishes,

  
**Robyn Kapp OAM**  
Executive Officer

*P.S. Let me know if you want to organise a walk in your area next year*

**Hills for Huntington's**

**GREG & JODIE RUN  
THE HALF MARATHON**

“Sadly Greg’s dad suffers from a little known degenerative disease - Huntington’s - and he is now in a nursing home unable to walk for himself, let alone look after himself. We were one of the lucky ones with it not being passed on to Greg, but not everyone in the family was so lucky.

Often I feel quite useless as I can’t do much to help Danny, so I thought that if I could at least raise a little bit of money to help with research for cures, it would be the least I could do.

So what to do...something a little out of my comfort zone so it was worth asking for support! And so, in September I am running my very first Half Marathon (Blackmore’s). As most of you know... running is by no means my forte so I am looking for all sorts of support - please help out, if not with a donation, support - support by running with me, support by encouraging me, support by helping me train. Anything will help me cross that line!”



**Speers Point on Lake Macquarie  
NEVER FORGOTTEN**

“I have lost my dad and one of my sisters to Huntington’s and another sister is still suffering. In essence this disease has taken half of my family from me.”

Bronwyn was up early wearing her pink and green and set off with 300 other walkers to Speers Point.



**WALK 4  
HOPE**

SEPTEMBER 2015 EVENT UPDATE

**Stories of hope**

**CATHY & ROSA  
WALK FOR MUM**

“Mum was diagnosed with Huntington’s over 9 years ago. Mum is a very generous woman and it is heartbreaking to see her not being able to do all the things she loves, like cooking, crocheting and doing things for her grandchildren like she used to. My sister and I have joined together to help grow awareness for HD by participating in the annual walk for the first time. There is currently no cure for Huntington’s, help us raise much needed funds to help future generations.

We took part in the Walk 4 Hope at Parramatta Park and apart from raising funds and awareness we had fun.”

**LAKE BURLEY GRIFFIN  
IN CANBERRA**

Felicity O’Neil is a volunteer and Board member of Huntington’s NSW and offered to organise the very first Canberra Walk 4 Hope to raise more awareness for Huntington’s disease in the Canberra community. Felicity got busy and called on friends and family to be seen and wear their best Pink and Green.

It was a fun morning on the shores of Lake Burley Griffin and a decent walk around the Lake followed by a yummy sausage sizzle.



**WELCOME NEW  
LIFE MEMBERS**

We are delighted to announce that Life Membership of Huntington’s NSW is to be awarded to Dr Clement Loy, John Conaghan, Mark and Karen Bevan in recognition of their care and support for families impacted by HD over many years. To offer your congratulations please join us at the AGM on Saturday 14 November at 12 noon at 21 Chatham Road, West Ryde. RSVP to info@huntingtonsnsw.org.au

**THANK YOU!**

Baker’s Delight, Coca Cola, Coles, Jarrett’s Quality Meats, Lions of Ellesmere, Lions of Parramatta, Little Hart, Neverfail Water, SBS Foundation, Suncorp, Woolworths



Happy Speers Point walkers.

## Volunteers

Only in our second year and we already have a growing number of volunteers showing their willingness to be part of Walk 4 Hope.

Thanks to the Suncorp Team for their amazing help, they seemed to be everywhere at the Parramatta Park Walk.



The young men and women from Grill'd Church Street, Parramatta were there giving out yummy burger vouchers, selling raffle tickets and walked with us in the Park. Thanks so much - a great job.



Last year we had to cook our own sausages on the park BBQs but not this year... Lions of Parramatta took control and showed us how to do it!

Thanks to the Lions team they were awesome.

## DIARY UPDATE

### November 14

Huntington's NSW AGM

A delicious BBQ Lunch at 21 Chatham Road, West Ryde  
12 Noon

### December 1

Giving Tuesday

Register <http://givingtuesday.org.au/join-movement/>

A nice way to support HD and to get your workplace involved.

#GivingTuesday is a day to celebrate and give to not-for-profit organisations. It's not all about money; it's about celebrating the fantastic work organisations do.

### December 25

Christmas Day and we will be officially taking part in some family fun

### Upcoming

In the month of May Have a High Tea for HD  
September – Walk 4 Hope

► For comments and suggestions call or email  
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LIKE

September is over, but our Walk 4 Hope continues.  
You can help us reach our destination by making your donation today.



Name: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Tel/Mob: \_\_\_\_\_

Email: \_\_\_\_\_

Online: [www.huntingtonsnsw.org.au](http://www.huntingtonsnsw.org.au)

I want to make a single donation of:  \$35  \$50  \$99  
 Or my choice \$ \_\_\_\_\_

I want to make a cheque/money order donation – payable to Huntington's NSW

I want to make a monthly gift of:  \$50  \$35  \$20  
Please charge this amount monthly to my credit card until otherwise advised.



Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

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Thank you for your generous donation. Your gift is tax deductible and a receipt will be sent to you promptly. **Mail to:**  
Post Office Box 178, West Ryde, NSW, 1685 Australia.